

**CHILDREN'S TRIPLE CROWN EVENT**  
Youth ages 5 - 17  
compete in all three races to earn the TRIPLE CROWN CHAMPION trophy!  
Or just compete in one, two, or all three!  
  
**Proud to "DU" IT - DUATHLON**  
Run, Bike, Run Event  
Sunday, May 1, 9AM  
<https://runsignup.com/Race/CT/NewLondon/ProudtoDUIT>  
**SPLASH AND DASH**  
Run, Swim, Run Event  
Saturday, June 25, 9AM  
<https://runsignup.com/Race/CT/Norwich/NorwichSplashandDash>  
  
**PROUD TO TRI TRIATHLON**  
Swim, Bike, Run Event  
Saturday, Sept 10, 8AM  
<https://runsignup.com/Race/CT/Waterford/ProudtoTRI>