

**CHILDREN'S TRIPLE CROWN EVENT**
Youth ages 5 - 17
compete in all three races to earn the TRIPLE CROWN CHAMPION trophy!
Or just compete in one, two, or all three!

**Proud to "DU" IT - DUATHLON**
Run, Bike, Run Event
Sunday, May 1, 9AM
<https://runsignup.com/Race/CT/NewLondon/ProudtoDUIT>
**SPLASH AND DASH**
Run, Swim, Run Event
Saturday, June 25, 9AM
<https://runsignup.com/Race/CT/Norwich/NorwichSplashandDash>

**PROUD TO TRI TRIATHLON**
Swim, Bike, Run Event
Saturday, Sept 10, 8AM
<https://runsignup.com/Race/CT/Waterford/ProudtoTRI>