



# TRIPLE CROWN



**Proud to DU It**– Youth Duathlon– Run– Bike– Run

Sunday, April 29 at Fort Trumbull Neighborhood in New London



**Norwich Splash and Dash**– Youth Aquathlon–

Run– Swim– Run

Saturday, June 16 at Mohegan Park in Norwich



**Proud to TRI**– Youth Triathlon– Swim– Bike– Run

Saturday, September 15 at Camp Harkness in Waterford



**Fee: \$55/ child for all 3 races + \$10/year USA Triathlon Membership**

Must finish all 3 races to receive Triple Crown trophy

Training wheels and Lifejackets allowed

Food provided after each event

Register Online at: <https://runsignup.com/Race/CT/NewLondon/YouthTripleCrown2018>

Ages 5-17 able to compete

**Must Register by April 27**

## HIGH FIVE

**USAT sanctioned events**

Compete in all the Triple Crown races and also in:

**You Can Du It**– Youth Duathlon—Sunday May 20, 2018 at Hopeville State Park in Griswold, CT

**Nutmeg Splash and Dash**– Youth Aquathon– Saturday June 30,2018 at Mixville Park in Cheshire, CT

**Fee: \$95/ child for all 5 races + \$10/ year USA Triathlon Membership**

Register online at: <https://runsignup.com/Race/CT/NewLondon/HighFiveChallenge2018>